

Asian Counseling and Referral Service

ACRS' mission is to promote social justice and the well-being and empowerment of Asian American and Pacific Islander individuals, families and communities - including immigrants, refugees and native born - by developing, providing and advocating for innovative community-based multilingual and multicultural services. We provide integrated primary care and mental health counseling as well as wellness programs for our elders and people with disabilities; people and families seeking recovery from addictions, domestic violence and problem gambling; and youth seeking leadership and job skills. We also offer citizenship, employment and job training classes for adults, and food bank, emergency feeding and nutrition services for all in need.

Citizenship Program: supports individuals and families to attain citizenship through English language learning and citizenship preparation classes and individualized technical assistance.

- When an ACRS client becomes a naturalized US Citizen, it is cause for celebration. Please help us congratulate these clients by purchasing an American flag lapel pin for (100) clients for \$125. The pins can be purchased here: http://www.lapelpins.com/american_flag_pin/?gclid=CMG5_p2t-sgCFYVqfgoddosG0w

Children, Youth and Families Department: offers youth opportunities for leadership development, skills building, cultural navigation and support through positive relationships, peer support, and group and individual mental health counseling.

- A \$75 VISA cash gift card will allow us to purchase up to (5) tickets for our clients in the Children, Youth and Family program to attend a Seattle Mariners game.
- A \$150 VISA cash gift card will allow us to purchase tickets for our clients in the Children, Youth and Family program to attend a Seattle Seahawks event.
- Many clients in the Children, Youth and Family program would love the opportunity to get their nails done for a high school dance, help us purchase a \$75 VISA cash gift card to use at a local nail salon.
- (15) Tickets to Sno-king Ice arenas would allow one of our youth groups to go ice skating this holiday season. Tickets may be purchased here: <http://snokingrenton.com/public-skating>
- (10) Washington State Ferry tickets would allow one of our youth groups to go to the Mochi Festival in Bainbridge Island. Tickets may be purchased here: <https://wave2go.wsdot.com/Webstore/shop/ViewItems.aspx?CG=21&C=20>.

Behavioral Health: Using a combination of Eastern and Western approaches, supports clients and their families affected by mental, emotional and behavioral problems to progress toward recovery and improved quality of life through case management, counseling and psychiatric services integrated with primary and dental care, a range of wellness activities, and job and housing assistance.

- Many of our immigrant and refugee clients have never gone to a movie in the US. A \$25 gift card to <http://www.fandango.com/> will help them go to the movies and enjoy refreshments like popcorn and a drink.
- Many of our immigrant and refugee clients have never been to an American Buffet restaurant. A \$100 VISA cash gift card will treat 4 or 5 Laotian clients to a buffet lunch at a restaurant like Old Country Buffet.
- Over 40 Mien and Laotian female clients participate in healing embroidery and knitting group. A \$25-50 gift card to Michaels will allow us to purchase knitting supplies for our Mien embroidery group

Recovery Services: Supports individuals and their families on the path to recovery from problem gambling and addictions.

- \$75 will allow us to purchase personal hygiene and emergency kits for homeless clients who are diagnosed with mental health and/or substance use disorder. The kits can be purchased here: <http://www.essentialpacks.com>.

Aging & Adult Services: supports elders and people with disabilities to promote healthy, supported aging at home while also offering opportunities for social and physical activities through case management and culturally competent home care as well as food bank/emergency feeding, congregate meals and wellness and nutrition programs.

- A \$50 cash gift card for Uwajimaya or H-Mart will treat our elders and their families to a meal or groceries this holiday season.
- A \$25 gift card to Target will allow senior center members to purchase winter items like warm socks, sweaters, blankets, bags, umbrellas and flashlights.

Employment: programs for youth and adults support clients to not only learn job and job seeking skills in a variety of fields providing a living wage but also learn about western work cultures, communication styles and expectations.

- Many low income refugee and immigrant employment clients need professional shoes in order to get janitorial or hospitality jobs. With a \$50 gift card to Sears or \$50 VISA cash gift card, we can buy sturdy leather work shoes for a deserving employment client when they get a job. The gift card may be purchased from www.sears.com or at the store.

Supported Employment (Café Hope) and New Life Programs: Day program for clients who can benefit from basic living skills and socialization training, including classes in English-as-a-Second Language, cooking, socialization and hygiene, arts and crafts, and prevocational training and activities, such as pastry making and coffee service through our Café Hope coffee cart.

- Adjustable full aprons with pockets (black) for use with arts therapy and food service programs.
Approx. Value: \$35.99
http://www.amazon.com/Utopia-Kitchen-Professional-Durable-Comfortable/dp/B008F0DQLW/ref=sr_1_6?ie=UTF8&qid=1447709102&sr=8-6&keywords=cooking+aprons
**Quantity: (1) pack of 12 aprons*

Other Monetary Gifts:

- A gift of \$50 enables us to cover unreimbursed medical expenses for our WAPA (Wellness for Asian Pacific Americans) Project so they can access specialty care and needed medications.
- A gift of \$75 dollars to our Aging Adult Client Assistance Fund enables care managers to purchase needed supplies like Ensure, walkers or other durable medical equipment.
- With a gift of \$150 to ACRS, we can purchase 10 new aprons for our staff and clients working at Café Hope, Club Bamboo and preparing lunches for our day program, New Life.
- A gift of \$250 buys a high quality, hand held video camera for our youth film project, a narrative therapy program enabling youth to identify issues and overcome challenges by setting goals and new directions.